



# Sobrante Ridge Wildflowers

A photographic guide to  
showy wildflowers of  
Sobrante Ridge  
Regional Preserve

Sorted by  
Flower Color

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East Bay   
Regional Park District

More than 2,000 species of native and naturalized plants grow wild in the San Francisco Bay Area. Most are very difficult to identify without the help of good illustrations. This is designed to be a simple, color photo guide to help you identify some of these plants.

The selection of showy wildflowers displayed in this guide is by no means complete. The intent is to expand the quality and quantity of photos over time. The revision date is shown on the cover and on the header of each photo page. A comprehensive plant list for this area (including the many species not found in this publication) can be downloaded at the East Bay Regional Park District's wild plant download page at: <http://www.ebparks.org>.

This guide is published electronically in Adobe Acrobat® format to accommodate these planned updates. You have permission to freely download and distribute, and print this pdf for individual use. You are not allowed to sell the electronic or printed versions.

In this version of the guide, only showy wildflowers are included. These wildflowers are sorted first by flower color, then by plant family (similar flower types), and finally by scientific name within each family. Under each photograph are four lines of information, based on the current standard wild plant reference for California: *The Jepson Manual: Higher Plants of California*, 1993.

Common Name	These non-standard names are based on <i>Jepson</i> and other local references.
<i>Scientific Name</i>	Scientific names revised since 1993 are NOT included in this edition.
Origin & Longevity	Native or Introduced. Annual, Biennial, Perennial, or a combination.
Family Name	The common plant family name according to <i>Jepson</i> .

For readers that prefer a more comprehensive guide, sorted by scientific name, please download the “wild plants” version of this guide.

Readers are encouraged to email any suggestions or corrections to [wlegard@ebparks.org](mailto:wlegard@ebparks.org).

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Wildflowers of Sobrante Ridge Regional Preserve



Common Yard Knotweed  
*Polygonum arenastrum*  
Introduced Annual  
Buckwheat Family



Poison Hemlock  
*Conium maculatum*  
Introduced Biennial  
Carrot Family



Cow Parsnip  
*Heracleum lanatum*  
Native Perennial  
Carrot Family



Canyon Gooseberry  
*Ribes menziesii*  
Native Perennial  
Gooseberry Family



Common / California Manroot  
*Marah fabaceus*  
Native Perennial  
Gourd Family



Pallid Manzanita  
*Arctostaphylos pallida*  
Native Perennial  
Heath Family



Blue Elderberry  
*Sambucus mexicana*  
Native Perennial  
Honeysuckle Family



Oakland Star Tulip  
*Calochortus umbellatus*  
Native Perennial  
Lily Family



Common Soap Plant  
*Chlorogalum pomeridianum* var. *pomeridianum*  
Native Perennial  
Lily Family



Windmill Pink  
*Silene gallica*  
Introduced Annual  
Pink Family



Common Chickweed  
*Stellaria media*  
Introduced Annual  
Pink Family



English Plantain  
*Plantago lanceolata*  
Introduced Annual  
Plantain Family



Creambush / Ocean Spray  
*Holodiscus discolor*  
Native Perennial  
Rose Family



Native California Blackberry  
*Rubus ursinus*  
Native Perennial  
Rose Family



Yarrow  
*Achillea millefolium*  
Native Perennial  
Sunflower Family



California Everlasting  
*Gnaphalium californicum*  
Native Biennial  
Sunflower Family



Yerba Santa  
*Eriodictyon californicum*  
Native Perennial  
Waterleaf Family



California Buttercup  
*Ranunculus californicus*  
Native Perennial  
Buttercup Family



Pacific Woodland Sanicle  
*Sanicula crassicaulis*  
Native Perennial  
Carrot Family



Black Mustard  
*Brassica nigra*  
Introduced Annual  
Mustard Family



Deerweed  
*Lotus scoparius* var. *scoparius*  
Native Perennial  
Pea Family



Bush Monkey Flower  
*Mimulus aurantiacus*  
Native Perennial  
Snapdragon Family



Large-flower Native Dandelion  
*Agoseris grandiflora*  
Native Perennial  
Sunflower Family



Tocalote  
*Centaurea melitensis*  
Introduced Annual  
Sunflower Family



Santa Cruz Tarplant  
*Holocarpha macradenia*  
Native Annual  
Sunflower Family



Rough Cat's-ear  
*Hypochaeris radicata*  
Introduced Perennial  
Sunflower Family



Common / Coast Tarweed  
*Madia sativa*  
Native Annual  
Sunflower Family



Bristly Ox-tongue  
*Picris echioides*  
Introduced Annual-Biennial  
Sunflower Family



Prickly Sow Thistle  
*Sonchus asper ssp. asper*  
Introduced Annual  
Sunflower Family



Narrow-leaf Mule's Ear  
*Wyethia angustifolia*  
Native Perennial  
Sunflower Family



Panicled / Weedy Willowherb  
*Epilobium brachycarpum*  
Native Annual  
Evening Primrose Family



Long-beaked Filaree  
*Erodium botrys*  
Introduced Annual  
Geranium Family



Red-stem Filaree  
*Erodium cicutarium*  
Introduced Annual  
Geranium Family



White-stem Filaree  
*Erodium moschatum*  
Introduced Annual  
Geranium Family



Hairy Vine Honeysuckle  
*Lonicera hispidula* var. *vacillans*  
Native Perennial  
Honeysuckle Family



Common Rigid Hedge Nettle  
*Stachys ajugoides* var. *rigida*  
Native Perennial  
Mint Family



Pale Purple Pacific Pea  
*Lathyrus vestitus* var. *vestitus*  
Native Perennial  
Pea Family



Rose Clover  
*Trifolium hirtum*  
Introduced Annual  
Pea Family





Ruby Sand Spurry  
*Spergularia rubra*  
Introduced Annual-Perennial  
Pink Family



California Wild Rose  
*Rosa californica*  
Native Perennial  
Rose Family



Italian Thistle  
*Carduus pycnocephalus*  
Introduced Annual  
Sunflower Family



Purple Star Thistle  
*Centaurea calcitrapa*  
Introduced Annual-Biennial  
Sunflower Family



Bull Thistle  
*Cirsium vulgare*  
Introduced Biennial  
Sunflower Family



Cardoon / Artichoke Thistle  
*Cynara cardunculus*  
Introduced Perennial  
Sunflower Family



Milk Thistle  
*Silybum marianum*  
Introduced Annual-Biennial  
Sunflower Family



Robust Vervain  
*Verbena lasiostachys* var. *scabrida*  
Native Perennial  
Vervain Family



Blue-eyed Grass  
*Sisyrinchium bellum*  
Native Perennial  
Iris Family



California Poppy  
*Eschscholzia californica*  
Native Perennial  
Poppy Family



Scarlet Pimpernel  
*Anagallis arvensis*  
Introduced Annual  
Primrose Family